1. What is the reason for your session?
2. How will you know when your issue has totally disappeared?
3. How do you know you have this problem? How is that a problem? How do you do it? Can you do it now? Elicits a reality strategy for a problem and any diagnosis made
4. How long have you had it? Was there ever a time when you did n’t? What have you done about it?
5. What happened the first time you had this? What emotions were present?
6. What events happened since then? What emotions were present?
7. In each of these events what is the relationship between the event and your current situation in life?
8. Tell me about your parents, brothers, sisters etc? What is the relationship between this person ( mother, father etc) and your current situation?
9. Tell me about your childhood relationship to this problem?
10. What do you believe about your problem?
11. Is there a purpose for this problem? Is there a reason for having this problem?
12. When did you choose to have this situation created? For what purpose? Ask your unconscious mind.
13. Is there anything your unconscious mind wants you to know, or is there anything you are not getting which, if you got, would allow the problem to disappear?
14. What is the higher level presenting problem (i.e CHUNK UP) and it if were to disappear will all the lower levels disappear too
15. Is it OK with your unconscious mind to support us in removing this problem today, and for it to allow you to have an undeniable experience of it, when we are complete?

**Diagnosis**

* Beliefs
* Events
* Needs
* Desires
* Wounds
* Identity
* Metaprograms
* Purpose

**Plan for session**

1. Understand and appreciate their world, issue and desired state
2. What prevents or persists the problem
3. Soften or loosen current model
4. Change work to ignite desired state
5. Concretize and condition desired state
6. Ecology check, test and future pace
7. Take massive action and celebrate